

January 2019 Menus

| | | | | |
|---|--|--|--|--|
| | 1 | 2 | 3 | 4 |
| | This is an equal opportunity program. | | | TEACHER WORK DAY |
| Ham-n-Cheese Biscuit Eggs/Fruit/Yogurt Cold Cereal Asst. | Rice Krispy Treat Scrambled Eggs/Fruit Cold Cereal Asst. | Waffles/Syrup/Sausage Hash browns/Juice Cold Cereal Asst. | Banana Bread Eggs/Fruit/Juice Cold Cereal Asst. | Sausage Bagel Hash browns/Fruit/Yogurt Cold Cereal Asst. |
| Ham Patty/Bun Potatoes Seasoned Cauliflower Frosted Pear | Pepperoni Pizza Tossed Salad w/dressing Seasoned Peas & Carrots Mixed Fruit | Pulled Pork Sand. Potatoes Seasoned Corn Strawberries | BBQ Chicken Wings Mashed Potatoes/Roll Seasoned Peas Orange Slices | Mac-n-Cheese Meatballs/Roll Seasoned Beets Applesauce Cake |
| 14 Scramble Eggs/Ham Hash browns/Fruit/Yogurt Cold Cereal Asst. | 15 Oatmeal w/toppings Toast/Ham/Juice Cold Cereal Asst. | 16 B-fast Casserole Toast/Yogurt/Fruit Cold Cereal Asst. | 17 Plain Muffin Eggs/Links/Juice Cold Cereal Asst. | 18 Biscuits and Gravy Hash browns/Juice/Yogurt Cold Cereal Asst. |
| Beef-n-noodles Roll/Mashed Potatoes Seasoned Green Beans Peach Half | Ham-n-Scalloped Potatoes French Bread Seasoned Spinach Pineapple | Chili w/Crackers Cheese Stick Relishes Cinn. Roll | Enchiladas Tossed Salad w/dressing Seasoned Broccoli Sliced Peas | Chicken Quesadilla Tossed Salad w/dressing Black Beans Banana Half |
| 21 TEACHER INSERVICE NO SCHOOL | 22 Blueberry Muffin Hash browns/Sausage/Fruit Cold Cereal Asst. | 23 Cinn. Coffeecake Eggs/Juice/Yogurt Cold Cereal Asst. | 24 B-fast Burrito Hash browns/Juice/Yogurt Cold Cereal Asst. | 25 Sausage/Cheese Biscuit Eggs/Links/Fruit Cold Cereal Asst. |
| | Gr. Beef Stroganoff Hot Roll Cucumbers/Tomatoes Mixed Fruit | Italian Pasta Bake French Bread Fresh Veg. Sliced Peaches | Soft Shell Taco Spanish Rice Refried Beans Rosy Applesauce | Cheeseburger Pocket Potatoes Calif. Blend Veg. Pear Half |
| 28 Ham Bagel Eggs/Fruit/Juice Cold Cereal Asst. | 29 B-fast Casserole Toast/Yogurt/Fruit Cold Cereal Asst. | 30 Plain Muffin Eggs/Hash browns/Juice Cold Cereal Asst. | 31 French Toast Stix/Syrup Hash browns/Ham/Fruit Cold Cereal Asst. | Milk is served at each meal. Students have the choice of chocolate or white. |
| Chicken-n-Noodles Mashed Potatoes/Roll Seasoned Green Beans Mandarin Oranges | Stromboli Savory Rice Seasoned Broccoli Pineapple Chunk | Meatloaf Mashed Potatoes/Roll Carrots/Peppers Brownies | Burrito/Sauce/Cheese Tossed Salad w/dressing Seasoned Peas Apple Slices | |