January 2021 Menus

4	5	6	7	8
	Cherry Coffeecake	Sausage Biscuit	Ham Bagel	Banana Bread/Juice
COOK'S CHOICE	Ham/ Fruit/ Juice	Hashbrowns/ Fruit/ Juice	Eggs/ Fruit Juice	Sausage/ Hashbrowns/ Fruit
	Cold Cereal Asst.	Cold Cereal Asst.	Cold Cereal Asst.	Cold Cereal Asst,.
Ham Patty/ Bun	Cavatini	Frito Pie	Chicken Strips	Pulled Pork/Bun
Potatoes	Salad/ Roll	Salad	Potatoes/Roll	Potatoes
Veg.	Veg.	Veg.	Veg.	Veg.
Fruit	Fruit	Fruit	Fruit	Fruit
11	**12**	**13**	**14**	**15**
Muffin	Cinn. Butterflake Biscuit	B-fast Pizza	Pancakes/ Syrup	
Sausage/ Yogurt/ Fruit/ Juice	Ham/ Fruit / Juice	Yogurt/ Fruit/ Juice	Sausage/Fruit/ Juice	
Cold Cereal Asst.	Cold Cereal Asst	Cold Cereal Asst.	Cold Cereal Asst.	
Sloppy Joes/ Bun	Parmesan Chicken	Bierocks	Enchilada	
Potatoes	French Bread	Potatoes	Salad	
Veg.	Veg.	Veg.	Veg.	
Fruit	Fruit	Fruit	Fruit	
18	**19**	**20**	21	**22**
French Toast Stix/ Syrup	Sausage/Cheese Biscuit	Western Omelet Quesadilla	Rice Krispy Treat	
Sausage/Fruit/ Yogurt/ Juice	Eggs/ Fruit/ Juice	Hashbrowns/ Fruit/ Juice	Ham/ Eggs/ Fruit/ Yogurt/ Juice	
Cold Cereal Asst.	Cold Cereal Asst.	Cold Cereal Asst.	Cold Cereal Asst.	
Chili Soup/ Crackers	Ham-n-Scalloped Potateos	Gr. Beef Stroganoff	Mexi-tot Supreme	
Fresh Veg.	French Bread	French Bread	French Bread	
Fruit	Veg.	Veg.	Veg.	
Cinn. Roll	Fruit	Fruit	Fruit	
25	**26**	**27**	28	**29**
Waffles/ Syrup	Sausage Bagel	B-fast Pita	Cinn. Coffeecake	Pancake on a Stick/ Syrup
Sausage/ Fruit/ Jucie	Eggs/ Fruit/ Juice	Hashbrowns/ Fruit/ Yogurt/ Juice	Ham/ Fruit/ Yogurt/ Juice	Hashbrowns/ Fruit/ Juice
Cold Cereal Asst.	Cold Cereal Asst.	Cold Cereal Asst.	Cold Cereal Asst.	Cold Cereal Asst.
Burrito	Shepard's Pie	Macaroni-n-Cheese	Chicken -n-Noodles	Country Fried Steak
Salad	French Bread	Meatballs/Roll	French Bread	Bread/ Potatoes
Veg.	Veg.	Veg.	Veg.	Veg.
Fruit	Fruit	Fruit	Fruit	Fruit

Milk is served at each meal.
Students have the choice of choc. or white.